

NEWS



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Latest Update on Philadelphia's Preparedness Regarding Swine Flu: Swine Flu Test Results Negative

The Philadelphia Department of Public Health has received notification that test results are negative and has confirmed that the international traveler arriving at the Philadelphia International Airport from Mexico on Monday, April 27 does not have Swine Flu. The traveler, who was experiencing flu-like symptoms, was transported to Methodist hospital upon her arrival at the airport. The traveler arrived at the Philadelphia International Airport from Mexico for a connecting flight to Canada.

Health Commissioner Donald F. Schwarz continues to urge everyone to follow good health habits because covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.

- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- Stay home when you are sick.
- If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Clean your hands.
- Washing your hands often will help protect you from germs.
- Avoid touching your eyes, nose or mouth.

- Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- Practice other good health habits.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

For the latest swine flu information, visit the Philadelphia Department of Public Health's website at www.phila.gov/health

To get emergency text alerts about swine flu, sign up for ReadyNotifyPA at www.phila.gov/ready and select Health Alerts. More than 1,860 subscribers in Philadelphia have already signed up to get emergency health alerts.

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